

Wakefield Parks & Recreation

Spring 2019 Newsletter

Wayne Robinson

Director

wayne@wakefieldrec.com

Alyssa Hall

**Program
Coordinator**

alyssa@wakefieldrec.com

522-9977

SUMMER CAMP

Camp is offered to area children entering first-seventh grade. Our program runs Monday-Friday, 8:30am-4:30pm for 8 weeks. (Extended Hours 7:30-5:30pm) The week consists of 2-3 field trips to local beaches, amusement parks, & zoo's. The rest of the time is spent in Wakefield playing games, creating crafts, and visiting the local beach. We have many options available for full & part-time campers, sibling discounts, week by week basis, and those who wish to only attend trips.

REGISTRATION APRIL 1ST - MAY 17TH.
A FEE OF \$25 IS REQUIRED FOR REGISTRATION.
REGISTER BEFORE MAY 1ST & RECEIVE A \$10 DISCOUNT ON THE REGISTRATION FEE.



EASTER EGG HUNT

Sponsored by North Star Farm

SATURDAY APRIL 20TH

11AM @ NORTH STAR FARM

850 Ballard's Ridge Road

Hop on over to North Star Farm for our Annual Easter Egg Hunt.

Rain or shine!

The egg hunt is for children 10 & under.
Don't forget your Easter baskets & boots!
Depending on ground conditions parking may be limited. Please plan accordingly!

BASEBALL & SOFTBALL

Sign-ups will be held from
March 4th - 22nd
Early Bird Fees

Softball

Age by January 1st 2019

10 & under ~ \$60

12 & under ~ \$60

14 & under ~ \$75

Cal Ripken ~ \$75

Age by May 1st 2019

Rookies (6, 7, 8 year olds)

Minors (9 & 10 year olds)

Majors (11 & 12 year olds)

Babe Ruth

Age by May 1st 2019

13-15 year olds ~ \$80

16-18 year olds ~ \$80

ANY SIGN-UPS TAKEN AFTER MARCH 15TH WILL BE CHARGED AN ADDITIONAL \$10.
NO REGISTRATIONS WILL BE ACCEPTED AFTER MARCH 22ND!

BREATHE NH FUN PASS

Wakefield Rec has partnered with Breathe NH & NHRPA to offer Fun Pass coupon books this year. For only \$35, you get coupons worth \$2,000 to more than 100 favorite New England family attractions! Many coupons admit a child 12 and under free or at a discounted rate with a paying adult, so with one visit to some attractions, you cover the cost of the Fun Pass. Offers and deals vary by attraction. The Fun Pass can be used as a road map to explore new places in New England and create family memories to last a lifetime.

BOOKLETS ARE \$35 AND CAN BE PURCHASED AT THE REC



T-BALL

This is an introductory program for children that want to learn the basics of t-ball. The program is open to any 4 & 5 year olds born on or before May 1st, 2019. All games and practices will be held in Wakefield twice a week.

Days and times TBD

REGISTER: MARCH 4TH - APRIL 12TH

\$25 PER PERSON

NO SIGN-UPS WILL BE TAKEN AFTER APRIL 12TH



GRANITE STATE TRACK & FIELD

If you like to run, jump, & throw this is the sport for you! The team practices twice a week and competes in local meets with other Granite State Track Teams. The program is intended for anyone ages 9-14.

The age groups are determined by the age participants will be on December 31, 2019. Track starts in May and runs until the end of June.

The cost of the program is \$25.

SIGN-UPS WILL BE HELD APRIL 1ST - 19TH @ THE REC OR REGISTER ONLINE!

PRINCESS TEA

All the kings horses and all the kings men invite you a Princess Tea Party! Learn how to walk, wave, & curtsy like a princess! We may even have a special visitor!

SATURDAY MARCH, 23RD

11AM-NOON

\$10 PER PRINCESS

3-6 YEAR OLDS

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED



AFTER SCHOOL PROGRAM

STUDENTS IN GRADES K - 6TH GRADE

MONDAY - FRIDAY 3:15-5:30PM

ASP is open from the first to last day of the school year. We are open on early release days and closed on teacher workshops and holidays. Students are provided transportation from the Paul School daily. They will be provided snacks, play games, work on homework, and wind down from their school day. We accept full and part-time students.

SUPERHERO IN TRAINING

It's a bird, it's a plane, it's our superhero training academy! Join us in your favorite superhero attire as we master the skills in becoming superheroes!

SATURDAY MARCH, 23RD

2PM-3PM

\$10 PER SUPERHERO

3-6 YEAR OLDS

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED



SAFE SITTER COURSE

6TH, 7TH, & 8TH GRADERS

Safe Sitter prepares students to be safe when they're home alone, watching younger siblings, or babysitting. Please pack a lunch

FRIDAY, MARCH 22ND (TEACHER WORKSHOP DAY)

9:30AM-2:30PM @ THE REC

\$45 PER PERSON

SPACE IS LIMITED TO THE FIRST 8 PARTICIPANTS.

PRE-REGISTRATION IS REQUIRED!



You & your mom can floss like a boss at our

MOM & SON FORTNITE BATTLE ROYALE

Hop on the battle bus and drop in for some fun at this mother & son event!

Supply drops, rare and epic consumables, boogie bombs, & more!

Dress in your best fortnite gear and prepare for some dance battles!

Studios2go will be here with an epic Fortnite nerf battle set-up.

FRIDAY, MAY 10TH

6-8PM @ THE PAUL SCHOOL

\$25 PER MOM & SON

\$5 EACH ADDITIONAL SON

TICKETS GO ON SALE APRIL 1ST



PAINT NIGHT W/ PAT'S PRIMS

Make & take your own serving tray at Parks & Rec with Kellie from Pat's Prim's.

WEDNESDAY, MARCH 20TH

6PM @ THE REC

\$30 PER PERSON

INCLUDES ALL MATERIALS

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED



TOWN WIDE YARD SALE

SATURDAY, MAY 25TH

8AM-2PM

We will be distributing a map for our annual town wide yard sale again this spring. Wakefield & Brookfield residents that are interested in having their address placed on the flyer for the town wide yard sale, please call or email us no later than May 17th. A map will be distributed throughout town and on our website.

PICK-UP PICKLE BALL

This is a low-impact doubles racket sport that blends tennis, badminton and ping pong. Pick-up style play for all levels and abilities. Equipment provided

TUESDAYS & THURSDAYS 9AM-10:30AM

@ THE TOWN HALL OPERA HOUSE

When the snow melts we will resume playing outside @ the Ballpark

**PICKLEBALL IS FUN FOR ALL AGES,
COME OUT & GIVE IT A TRY!**



MY EVEREST ODYSSEY

NH native, Russel Staples, from Tamworth will be here March 14th with an incredible story and presentation about his trip to Mt. Everest base camp in 1966! He is one of the first Americans to be at base camp, after Sir Edmund Hillary's ascent of Mt. Everest.

MARCH 14TH 6PM

@ THE TOWN HALL OPERA HOUSE

MORE INFO AVAILABLE ON OUR WEBSITE

APRIL VACATION ACTIVITIES

RYE AIRFIELD:

Tuesday, April 23rd. Bus leaves from the Rec @ 10:45am & Return at 4pm. \$20 per person. Rye Airfield is a huge indoor skate park located in Rye NH. Please bring helmets, safety equipment, and your skateboard, bikes, or scooters.

KNOCKERBALL NORTH CONWAY:

Wednesday, April 24th. Bus leaves from the Rec @ 9am & returns at 3pm. \$20 per person. Knockerball is an inflatable sphere with inner handles and adjustable shoulder straps used to play full contact soccer, or as we like to call it, Knocker Soccer! Archery Tag is an exciting mix of paintball, backyard tag, and archery. Chase your friends around, ducking behind barriers trying to stay in the game! We recommend wearing active wear and sneakers.

STUDIOS2GO VIDEO GAME TRAILER &

FORTNITE NERF BATTLE:

Friday, April 26th: \$20 person 10am-1pm @ the Paul School. Studios2go will be back with its 30 ft. state of the art mobile video game trailer! The latest Gaming consoles such as Xbox One, PlayStation 4, and Nintendo Switch with 150 multiplayer kid friendly games. There will also a giant fortnite nerf battle obstacle course set up inside with 17.5 ft. battle bus!

3RD - 8TH GRADERS

SPACE IS LIMITED

PRE-REGISTRATION IS REQUIRED

Please pack a lunch or spending \$

ANIMAL SHELTER HELPERS

Volunteer with us at Lakes Region Humane Society! Our group will have a chance to socialize with the animals, clean, work on projects, & more!

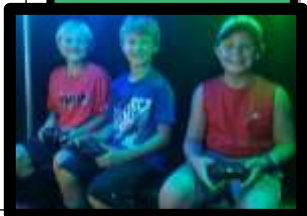
5TH - 8TH GRADERS

THURSDAYS APRIL 4TH - MAY 9TH

BUS WILL DISMISS STUDENTS FROM SCHOOL AND

WILL RETURN TO PARKS & REC AT 4:15PM

SPACE IS LIMITED TO THE FIRST 10 REGISTERED



OXFORD CASINO

Oxford Casino, located in the heart of southern Maine is your destination for wicked good fun. From table games to slot machines, their non-stop gaming action delivers a thrill a minute to fortune seekers.

\$10 PER PERSON

THURSDAY, MAY 2ND

BUS LEAVES THE REC AT 8AM

& WILL RETURN AT 4PM

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED



CELTICS TICKETS

We have 25 tickets to the Celtics vs. the San Antonio Spurs on

SUNDAY, MARCH 24TH

BUS LEAVES THE REC @ 3:15PM

\$55 PER PERSON

We will be taking the rec express coach bus to the Amtrak station in Dover and ride the train to TD Garden
-Promenade Section-

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED



MT. WASHINGTON SNOWCOACH

A breathtaking snowcoach tour up Mt. Washington overlooking the protected Great Gulf Wilderness and the Presidential mountain range.

WEDNESDAY, MARCH 20TH

BUS LEAVES THE REC @ 8:15AM

\$55 PER PERSON

We will stop in North Conway on the way home. Tour the local shops and grab a bite to eat on your own.

Bus returns around 4pm.

Trip is dependent on weather



BOSTON RED SOX

We were able to secure tickets again for this summer to the Boston Red Sox!
Coach Bus Transportation provided.

WEDNESDAY, JUNE 26TH

V. THE CHICAGO WHITE SOX

OUTFIELD GRANDSTAND

\$55 PER TICKET

Day game!



DINERS, DIVES, & DELICIOUS DESTINATIONS

Join us once a month as we venture to various restaurants for lunch with friends. The cost of the trip is \$5 per person. The cost of lunch will be on your own. The "Rec Express" mini coach bus will leave from the Rec Office at 10:45am on the 3rd Wednesday of each month.

MAY 15TH - TUCKAWAY TAVERN

JUNE 19TH - MAINE DINER

SPACE IS LIMITED

PRE-REGISTRATION IS REQUIRED

NH STATE VETERAN CEMETERY

The New Hampshire State Veterans Cemetery conveys peace through natural beauty and is a source of pride to veterans' families and residents of New Hampshire. Enjoy a guided tour of the beautiful grounds and heritage center. We will stop for lunch on the way home.

WEDNESDAY, APRIL 10TH

BUS LEAVES THE REC AT 9:30AM

\$5 PER PERSON

LUNCH IS ON YOUR OWN.

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED!

CAPITAL CENTER FOR THE ARTS

United States Army Field Band

From Boston to Baghdad, Tampa to Toronto, The United States Army Field Band has been thrilling audiences of all ages for more than six decades. As the premier touring musical representative for the United States Army, this internationally-acclaimed organization travels thousands of miles each year presenting a variety of music to enthusiastic audiences throughout the nation and abroad.

MARCH 26TH

\$18 PER PERSON

BUS LEAVES THE REC @ 4PM

DINNER @ THE RED APPLE BUFFET (INCLUDED)

DEADLINE TO REGISTER IS MARCH 15TH

KARATE

The program includes Karate, self-defense, Asian Martial Arts Terminology, history, & a noncompetitive study of Martial Arts.

\$35 FOR 8 WEEKS
FIRST CLASS FOR NEW STUDENTS
IS A FREE TRIAL!

7PM-8PM

CLASSES HELD @ THE REC

Start anytime! Instructor will pro-rate and classes are ongoing throughout the year

Instructor: Todd Watkins

YOGA

Yoga classes enhance your posture, coordination and mental focus by improving your flexibility, strength and balance. Let the yoga poses and breath work help quiet the chatter of daily life and relieve stress. Leave feeling rejuvenated.

TUESDAY'S 6 - 7PM

@ PARKS & REC

\$10 PER CLASS OR

\$60 FOR AN 8 SESSION PUNCH CARD

DON'T FORGET YOUR YOGA MATS!

Instructor: Susan Chadbourne



CABBAGE ISLAND CLAMBAKE

TUESDAY, JUNE 25TH

\$95 PERSON

BUS LEAVES REC @ 7AM

& ROCHESTER HOME DEPOT @ 7:30AM

Trip includes coach bus transportation, scenic boat tour of Boothbay harbor, and a delicious clambake on Cabbage Island.

SIGN-UP EARLY!

THERE IS OFTEN A WAITING LIST FOR THIS TRIP.

MORE INFO AVAILABLE ONLINE!

CHAIR YOGA

Don't let the world of yoga intimidate you, come try Chair Yoga. Chair yoga is for everyone no matter what condition you are in. You will learn breathing techniques for a healthy immune system. Yoga postures will be practiced seated on a chair and standing using the chair for support.

MONDAYS 8AM-9AM

@ UNION RESOURCE CENTER

\$5 PER CLASS

Instructor: Laurie Biracree

POLICIES

The Rec Department reserves the right to cancel any program, event, or activity due to insufficient registration or for any other reason preventing a quality activity. No refunds, credits, or transfers will be issued after the first day of the class or program.

Full refunds or credits may be granted prior to the start date of a class or program. We are always looking for new trips, events, and activities, as well as instructors for new and exciting classes. Feel free to share your ideas with us!

SENIOR MEALS & BINGO

Come enjoy the company of friends with a delicious meal and a game of Bingo.

MONDAY - WEDNESDAY - THURSDAY

BINGO @ 9AM ~ LUNCH @ 12 NOON

GREATER WAKEFIELD RESOURCE CENTER

\$3 DONATION REQUESTED

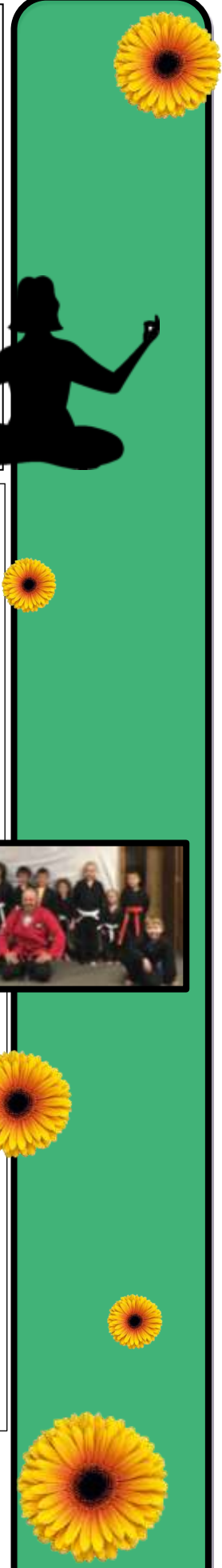
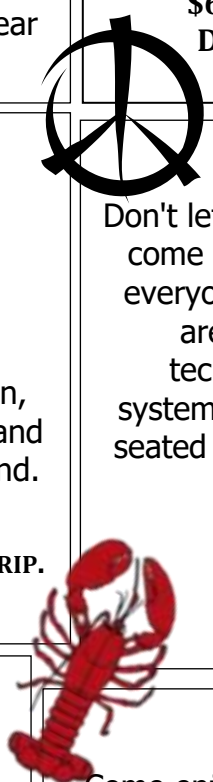
EVERYONE is welcome for the meal, for those who have not yet reached 60 the suggested donation is \$5.00.

Monthly menus are posted on

www.greaterwakefieldresourcecenter.webs.com

603-473-8324

wakefieldrec.com



Parks, Playgrounds, & Green Spaces



Rec Office

132 Meadow Street - Sanbornville



Lovell Lake Town Beach

1 Cemetery Road Sanbornville
No lifeguard on duty at our beaches. *Swim at your own risk.*



John Garvin Municipal Playground

1 High Street - Sanbornville



Ballpark Complex - 1488 Wakefield Road

Disc Golf, Skate Park, Basketball Court, Pickleball Courts, & more!



Turntable Park

132 Meadow Street - Sanbornville



Lake Ivanhoe Beachfront

14 Dearborn Road - E. Wakefield



Ames Park

204 Bonnvnman Road - E. Wakefield



Weeks Beach & Park :

138 North Shore Drive E. Wakefield



Union Meadows Wildlife Conservation Area

Marsh Road



Lovell Lake Boat Launch

Witchtrot Road Sanbornville



Wakefield Parks & Recreation

MEDICAL/EMERGENCY INFORMATION

Circle One
Youth or Adult

Participant's Name: _____ Sex: M ___ F ___ Shirt Size: S M L XL

Birth date: ____/____/____ Age: _____ Grade: _____

Address: _____ City: _____ State: _____ Zip _____

Mailing Address (if different than above): _____

List Two Emergency Contact Phone Numbers:

(1) **Parent/Guardian**, First and Last Name: _____ Home # _____

_____ Cell/Work _____

(2) Second Person, First and Last Names: _____ Home# _____

_____ Cell/Work# _____

State relationship to athlete: _____
(i.e. grandparent, neighbor, etc.)

Allergies (i.e. bee stings): yes ___ no ___ To What? _____

Allergies to medications: yes ___ no ___ To What? _____

List Medical Conditions (i.e., wears contact lenses, glasses, braces, etc.)

I understand that there are risks of physical injury inherent in participating in sports and recreation activities I understand that the town of Wakefield does not carry health or accident insurance for participants of its programs and strongly advise participants to carry adequate coverage for themselves and their family. I am aware of and have considered the risks of this program before registering my child or children. I hereby release the Town of Wakefield, its employees, volunteers and agents from any liability of personal injury, loss or damage to personal property, which my child or myself may experience in connection with activities sponsored by the Wakefield Parks and Recreation Department. Hereby consent to any medical procedures, including transportation to a medical facility, for my child in case I cannot be reached and my child has sustained an injury. I also consent to the use of my Childs photo, video, etc. by the department for flyers, presentations, etc.

I understand this informed consent from and agree to its conditions on behalf of my child/self:

Parent/Guardian/Self Signature

Date

E-Mail Address _____