

Wakefield Parks & Recreation

Spring 2018 Newsletter

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**CHECK US OUT
ON THE WEB
wakefieldrec.com**

**Like us on
Facebook!**

BASEBALL & SOFTBALL

Sign-ups will be held from
March 5th – 16th

Early Bird Fees

Softball

Age by January 1st 2018

8 & under ~ \$50

10 & under ~ \$50

12 & under ~ \$50

Cal Ripken ~ \$65

Age by May 1st 2018

(6-12 year olds)

Rookies - Minors - Majors

Babe Ruth

Age by May 1st 2018

13 -15 year olds ~ \$80

16-18 year olds ~ \$80

Any sign-ups taken after

March 9th will be charged an additional
\$10. NO registrations will be accepted
after March 16th!

TOWN WIDE YARD SALE

Saturday, May 26th

We will be distributing a map for our annual town wide yard sale again this spring.

Wakefield & Brookfield residents that are interested in having their address placed on the flyer for the town wide yard sale, please call or email us no later than May 19th. A map will be distributed throughout town and on our website.

**YARD SALE TIMES WILL BE AT THE
DISCRETION OF THE HOME OWNER.**



EASTER EGG HUNT

Sponsored by North Star Farm

Saturday March 31st

11am @ North Star Farm

850 Ballard's Ridge Road

Hop on over to North Star Farm for our Annual Easter Egg Hunt. There will be a petting zoo and plenty of eggs for all participants!

Rain or shine!

The egg hunt is for children 10 & under.

Don't forget your Easter baskets & boots!
Depending on ground conditions parking may be limited. Please plan accordingly!



**Congratulations
to our 7/8 boys
basketball team
on becoming
GENH League
Champions!**

SUMMER CAMP

Camp is offered to area children entering first-seventh grade. Our program runs Monday-Friday, 8:30am-4:30pm for 8 weeks. (Extended Hours 7:30-5:30pm) The week consists of 2-3 field trips to local beaches, amusement parks, & zoo's. The rest of the time is spent in Wakefield playing games, creating crafts, and visiting the local beach. We have many options available for full & part-time campers, sibling discounts, week by week basis, and those who wish to only attend trips.

REGISTRATION APRIL 1ST – MAY 11TH.



**A FEE OF \$25 IS REQUIRED FOR
REGISTRATION.**

**REGISTER BEFORE MAY 1ST & RECEIVE A \$10
DISCOUNT ON THE REGISTRATION FEE.**



AFTER SCHOOL PROGRAM

We still have space in the afterschool program. If you are interested in the program give us a call!

Monday – Friday 3:15-5:30pm

Students in 1st – 6th grade

1 FULL TIME CHILD - \$50 PER WEEK

2 FULL TIME CHILDREN- \$90 PER WEEK

1 PART-TIME STUDENT - \$15 PER DAY

Transportation will be provided from Paul School daily. Students will have time to wind down from school, play games, & work on homework. Snacks will be provided daily.

GRANITE STATE TRACK & FIELD

If you like to run, jump, & throw this is the sport for you! The team practices twice a week and competes in local meets with other Granite State Track Teams. The program is intended for anyone ages 9-14. The age groups are determined by the age participants will be on December 31, 2018. Track starts in May and runs until the end of June. The cost of the program is \$20.

SIGN-UPS WILL BE HELD APRIL 1ST – 27TH @ THE REC OR REGISTER ONLINE!

T-BALL

This is an introductory program for children that want to learn the basics of t-ball. The program is open to any 4 & 5 year olds born on or before May 1st, 2018. This is an in-house league and all games and practices will be held in Wakefield twice a week.

Days and times TBD

REGISTER: MARCH 5TH – APRIL 6TH
\$25 PER PERSON

NO SIGN-UPS WILL BE TAKEN AFTER APRIL 6TH

KINDERGARTEN BASKETBALL

A 4 week beginner basketball program for Kindergarteners that want to learn basic shooting, dribbling, & passing skills.

Practices will be held on Wednesdays
from 3:15-4:15pm @ Paul School.

March 7th, 14th 21st, & 28th

\$10 PER CHILD

PRE-REGISTRATION REQUIRED

PICK-UP PICKLE BALL

This is a low-impact doubles racket sport that blends tennis, badminton and ping pong. Pick-up style play for all levels and abilities. Equipment provided

TUESDAYS & THURSDAYS 9AM-10:30AM
@ THE TOWN HALL OPERA HOUSE

Pickleball is fun for all ages! We've had participants ages 20-76 participating.
Come out & give it a try!

BREATH NH FUN PASS

Wakefield Rec has partnered with Breath NH & NHRPA to offer Fun Pass coupon books this year. For only \$35, you get coupons worth \$2,000 to more than 100 favorite New England family attractions! Many coupons admit a child 12 and under free or at a discounted rate with a paying adult, so with one visit to some attractions, you cover the cost of the Fun Pass. Offers and deals vary by attraction. The Fun Pass can be used as a road map to explore new places in New England and create family memories to last a lifetime. So many options from Story Land, Wildcat, Cranmore, Monkey Trunks, Funtown Splashtown, Lego Land, & MUCH MUCH MORE!

BOOKLETS ARE \$35 AND CAN BE
PURCHASED AT THE REC

SKATE PARK NEWS

Thanks to some successful fundraising events we were able to purchase a new half pipe for the skate park! As soon as the warm weather hits this spring we will begin the process of getting it set up and ready for use! We are so excited to see so many people utilizing the new basketball court & skate park! Let's all work together to keep our parks clean and respect the new equipment!



OXFORD CASINO

Oxford Casino, located in the heart of southern Maine is your destination for wicked good fun. From table games to slot machines, their non-stop gaming action delivers a thrill a minute to fortune seekers.

\$10 PER PERSON
(INCLUDES \$10 SLOT PLAY)

THURSDAY, MAY 3RD

BUS LEAVES THE REC AT 8AM

SPACE IS LIMITED

PRE-REGISTRATION REQUIRED



BOSTON RED SOX

SAVE THE DATE!

We were able to secure tickets again for this summer to the Boston Red Sox! Coach Bus Transportation provided.

MORE DETAILS TBD

THURSDAY, JULY 11TH
OUTFIELD GRANDSTAND

\$45 PER TICKET

TICKETS WILL GO ON SALE MARCH 1ST.
FIRST COME FIRST SERVE.



MONDAY – WEDNESDAY – THURSDAY
BINGO @ 9AM ~ LUNCH @ 12 NOON
GREATER WAKEFIELD RESOURCE CENTER
\$3 DONATION REQUESTED

EVERYONE is welcome for the meal, for those who have not yet reached 60 the suggested donation is \$5.00.

Monthly menus are posted on

www.greaterwakefieldresourcecenter.webs.com

LUNCH BUNCH

Join us once a month as we venture to various restaurants to enjoy lunch. The cost of the trip is free but lunch will be on your own. The "Rec Express" mini coach bus will leave from the Rec Office at 11am on the 3rd Wednesday of each month.

MARCH 21ST – HART'S TURKEY FARM
REMAINING TRIPS TBD

SPACE IS LIMITED. PRE-REGISTRATION IS REQUIRED



"HOME" SIGN MAKING CLASS

Beat the winter blues by joining us for a "Home" farmhouse sign making class. All materials and supplies included.

\$20 PER PERSON

WEDNESDAY, MARCH 21ST

6PM @ THE REC

PLEASE REGISTER BY MARCH 16TH

SPACE IS LIMITED



MT. WASHINGTON SNOWCOACH

A breathtaking snowcoach tour up Mt. Washington overlooking the protected Great Gulf Wilderness and the Presidential mountain range.

WEDNESDAY, MARCH 14TH

BUS LEAVES THE REC @ 8:15AM

\$55 PER PERSON

We will stop in North Conway on the way home. Tour the local shops and grab a bite to eat on your own.

Bus returns around 4pm.

Trip is dependent on weather



CELTICS TICKETS

SUNDAY, APRIL 8TH

Bus leaves the rec @ 10:30am

THE PRICE PER TICKET IS \$50.

-PROMENADE SECTION-

Stop by the Rec to reserve a spot today!





KARATE

The session will include Karate, self-defense, Asian Martial Arts Terminology, history, & a noncompetitive study of Martial Arts.

\$35 FOR 8 WEEKS

FIRST CLASS FOR NEW STUDENTS IS A FREE TRIAL!

Session 1: 6pm-7pm

(Kindergarten - 12 years)

Session 2: 7pm-8pm

(Adults, Teenagers, & Families)

Classes held @ the Rec

Start anytime! Instructor will pro-rate and classes are ongoing throughout the year

Instructor: Todd Watkins

CHAIR YOGA

Don't let the world of yoga intimidate you, come try Chair Yoga. Chair yoga is for everyone no matter what condition you are in.

You will learn breathing techniques for a healthy immune system. Yoga postures will be practiced seated on a chair and standing using the chair for support.

MONDAYS 8AM-9AM

@ UNION RESOURCE CENTER

\$5 PER CLASS



YOGA

Yoga classes enhance your posture, coordination and mental focus by improving your flexibility, strength and balance. Let the yoga poses and breath work help quiet the chatter of daily life and relieve stress. Leave feeling rejuvenated.

TUESDAY'S 6 - 7PM

@ PARKS & REC

\$10 PER CLASS OR

\$60 FOR AN 8 SESSION PUNCH CARD

DON'T FORGET YOUR YOGA MATS!

DISC GOLF COURSE

Our disc golf course at the ballpark is finally completed. The course consists of 9 holes spread throughout the trees around the perimeter of the ballpark. We will be having a dedication and grand opening at the beginning of May. Keep an eye out for more details coming soon!

POLICIES

The Rec Department reserves the right to cancel any program, event, or activity due to insufficient registration or for any other reason preventing a quality activity.

No refunds, credits, or transfers will be issued after the first day of the class or program. Full refunds or credits may be granted prior to the start date of a class or program.

We are always looking for new trips, events, and activities, as well as instructors for new and exciting classes. Feel free to share your ideas with us!

How to Watch a Good Program Die

PLEASE REGISTER EARLY

Nothing kills a recreation program faster than residents who wait until the last minute to register.

There is a point when a program must be canceled or modified if there is insufficient registration.

All programs require a high level of coordination, often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. In order for us to host quality sports programs, special events, and classes please keep an eye out for deadlines and cut off dates. We request that you register for activities at least two weeks prior to the program start date, unless otherwise noted.

Facilities



Rec Office

132 Meadow Street - Sanbornville



Lovell Lake Town Beach

1 Cemetery Road Sanbornville
No lifeguard on duty at our beaches. *Swim at your own risk.*



John Garvin Municipal Playground

1 High Street - Sanbornville



Ballpark Complex

1488 Wakefield Road - Sanbornville



Turntable Park

132 Meadow Street - Sanbornville



Lake Ivanhoe Beachfront

14 Dearborn Road - E. Wakefield



Ames Park

204 Bonnvmann Road - E. Wakefield



Weeks Beach & Park: 138 North Shore Drive E. Wakefield



Lovell Lake Boat Launch

Witchtrot Road Sanbornville

Wakefield Parks & Recreation

MEDICAL/EMERGENCY INFORMATION

Circle One
Youth or Adult

Participant's Name: _____ Sex: M ___ F ___ Shirt Size: S M L XL

Birth date: ____/____/____ Age: _____ Grade: _____

Address: _____ City: _____ State: _____ Zip _____

Mailing Address (if different than above): _____

List Two Emergency Contact Phone Numbers:

(1) **Parent/Guardian**, First and Last Name: _____ Home # _____

_____ Cell/Work _____

(2) Second Person, First and Last Names: _____ Home# _____

_____ Cell/Work# _____

State relationship to athlete: _____
(i.e. grandparent, neighbor, etc.)

Allergies (i.e. bee stings): yes ___ no ___ To What? _____

Allergies to medications: yes ___ no ___ To What? _____

List Medical Conditions (i.e., wears contact lenses, glasses, braces, etc.)

I understand that there are risks of physical injury inherent in participating in sports and recreation activities I understand that the town of Wakefield does not carry health or accident insurance for participants of its programs and strongly advise participants to carry adequate coverage for themselves and their family. I am aware of and have considered the risks of this program before registering my child or children. I hereby release the Town of Wakefield, its employees, volunteers and agents from any liability of personal injury, loss or damage to personal property, which my child or myself may experience in connection with activities sponsored by the Wakefield Parks and Recreation Department. Hereby consent to any medical procedures, including transportation to a medical facility, for my child in case I cannot be reached and my child has sustained an injury. I also consent to the use of my Childs photo, video, etc. by the department for flyers, presentations, etc.

I understand this informed consent from and agree to its conditions on behalf of my child/self:

Parent/Guardian/Self Signature

Date

E-Mail Address _____