

WAKEFIELD PARKS & RECREATION

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8TH ANNUAL GOLF TOURNAMENT

SEPTEMBER 24TH @ INDIAN MOUND GOLF COURSE

All money raised will be used for our Fireworks Display in July.

Tournament includes golf, cart, lunch, & raffle tickets.

Registration forms are available on our website and at the Rec office.

If you are interested in sponsoring a hole or donating to the raffle please contact us.



BASKETBALL REGISTRATIONS

Basketball sign-ups will be held
from October 5th – 16th
@ The Parks & Rec office

Early Bird Special:

(Register before October 9th)

Discounted rate of \$35 per child

(After October 9th)

\$45 per child

**No sign-ups will be
accepted after October 16th!**

REGISTRATIONS FOR CHILDREN
ENTERING 1ST – 8TH GRADE

Sibling discounts available

KINDERGARTEN BASKETBALL

A 4 week beginner basketball program for Kindergarteners. Basketball will be offered for 4 weeks starting **October 7th**.

Practices will be held on Wednesdays from
3:15-4:15 @ the Paul School.

No practice on October 28th

\$10 PER CHILD

SPACE IS LIMITED TO THE
FIRST 20 REGISTERED PARTICIPANTS



HALLOWEEN COSTUME DANCE

It's time to do the monster mash! Come on down to the Paul School and join the Rec for our Annual Halloween Costume Dance!

There will be spooky snacks, ghoulish games, and dangerously deadly dance contests!



**FRIDAY, OCTOBER 30TH
6-8PM @ THE PAUL SCHOOL**

**\$2 PER PERSON
\$10 PER FAMILY**



522-9977

CHECK US OUT

ON THE WEB

wakefieldrec.com



KARATE

The 8 week course will include Karate, self-defense, Asian Martial Arts Terminology & History, & Noncompetitive study of Martial Arts.



**\$35 per Person Thursday nights
starting September 17th
Program will run for 8 weeks**

Session 1 ~ (6pm-7pm) Kindergarten – 12 years of age
Session 2 ~ (7pm-8pm) Family Class: Adults, Teenagers, & Families



Classes held @ the Parks & Rec Department Pre-registration required.

September — December



GUNSTOCK

The whole family can enjoy a day of outdoor adventures at the Gunstock Mountain Adventure Park with the all-inclusive Discover Pass. Enjoy the treetop adventure course, Big Air Bag Launch Ramp, summer tubing, water wars, spider climber, climbing wall, bungee jumper, slackline park, scenic lift ride, & more!

**OCTOBER 9TH-- \$40 PER PERSON
GRADES 5TH & UP
SPACE IS LIMITED TO THE FIRST
20 REGISTERED PARTICIPANTS**



KIDS ART CLASS

Each week students will learn a new art technique, create beautiful paintings, fun arts & crafts, and most importantly... have fun!

**\$40 PER PERSON
TUESDAY 3:30-4:30PM @ THE REC
STARTS ON OCTOBER 27TH
& WILL RUN FOR 3 WEEKS**

Afterschool transportation available
PRE-REGISTRATION REQUIRED
MINIMUM OF 6 CHILDREN NEEDED TO HOST THE CLASS
Instructor: Sandy Ouellette

FALL MOVIES @ THE BALLPARK

Join your neighbors this fall for fun family movies in the park. Bring a blanket or chair and enjoy the magic of big screen movies under the stars.

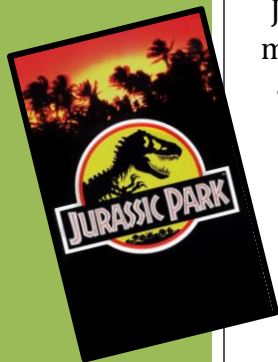
**DUSK @ THE BALLFIELDS
FREE ADMISSION**

**October 2nd
Jurassic Park
October 23rd**



It's the Great Pumpkin, Charlie Brown

Dusk changes over the course of fall. Check your local listings for an approximate time. We will try to start the movies as early as possible. There will be concessions available for purchase.



CHRISTMAS TREE LIGHTING & FLASHLIGHT CANDY CANE HUNT

Kick off the holiday season with the Parks & Rec as we light the community tree; enjoy caroling, hot chocolate, and a flashlight candy cane hunt! Plenty of candy canes for EVERYONE! A special visitor from the North Pole will be here as well!

**FRIDAY, DECEMBER 4TH
6:30PM @ TURNTABLE PARK**

SKI & SNOWBOARD PROGRAM

Join us this winter for a six week ski & snowboard program. We welcome all Wakefield students in grades 5th – 9th. This program is a learn to ski package. Every week participants will be given a lesson by an experienced ski instructor. The remaining time will be allotted for free skiing.

**SIGN-UPS WILL BE HELD FROM
NOVEMBER 2ND – 30TH**

*Space is limited to the first 50
REGISTERED participants*

BREAKFAST WITH SANTA

Come down and enjoy a free pancake breakfast, pictures with Santa, craft tables, soups, & lots of raffles! ***Hosted by Friends of Wakefield Parks & Rec.*** All proceeds go to the Wakefield Parks & Rec programs.

**SATURDAY, DECEMBER 5TH
9AM-1PM @ THE PAUL SCHOOL**

If anyone is interested in hosting a craft table, donating to the raffles, or volunteering, contact Sandy Ouellette
@ 522-8370



BINGO @ FUNSPOT

FUNSPOT offers a state of the art BINGO hall with seating for up to 400 players. Come early and purchase some Pull-Tab Ticket Games and have the chance at winning cash prizes worth thousands of dollars!

Bingo games are run by local charities and not Funspot, Funspot Gift Cards cannot be used for bingo.



TUESDAY, NOVEMBER 10TH

\$5 PER PERSON

BINGO FEES ARE ON YOUR OWN.

BUS LEAVES AT 3PM FROM THE REC

PRE-REGISTRATION IS REQUIRED.

SPACE IS LIMITED TO THE FIRST 22 REGISTERED

SENIOR DAY @ FRYEBURG FAIR



Seniors are invited to a day at the fair on **Tuesday, October 6th**. Tuesday is "Seniors Day" at the fair. Patrons 65 & older are not charged a gate fee. The Fryeburg Fair offers over 200 of Maine's most talented musicians and entertainers throughout the fair week.

TUESDAY, OCTOBER 6TH

\$5 PER PERSON

BUS LEAVES FROM THE REC @ 7:30AM

& WILL RETURN AT 5PM.

PRE-REGISTRATION IS REQUIRED.

SPACE IS LIMITED TO THE FIRST 22 REGISTERED



SENIOR HOLIDAY SHOPPING

We invite you out to a day of Christmas Shopping. We start the day with a visit to Cabela's and then to continue on to the Christmas Tree Shop in Portland Maine. After a morning of shopping we will journey on to the Hometown Buffet Restaurant before finishing up with a visit to the Maine Mall. Participants get to enjoy the pre-holiday sales along with all the beautiful holiday decorations. Participants will be responsible for the cost of their lunch and their shopping expenses.

\$5 PER PERSON

WEDNESDAY, DECEMBER 2ND

THE BUS WILL LEAVE FROM THE REC @ 9AM.

**SPACE IS LIMITED TO THE FIRST
22 REGISTERED PARTICIPANTS.**

SONGO RIVER QUEEN

The SONGO RIVER QUEEN II is a privately built replica of the famed Mississippi River Paddle Wheelers. A food court serving lobster rolls, hamburgers, hotdogs, and more is located on the ship. A full cocktail bar is available on board for your convenience along with restrooms. All trips offer views of the Causeway, Mt. Washington, Birch Point, Long Island, Arrowhead Point and Arrowhead Lodge, Camp Takajo, Pine Island, and Pleasant Mountain, as well as beautiful waterfront properties ranging from modest camps to multi-million dollar homes.

SUNDAY, SEPTEMBER 20TH

\$30 PER PERSON

THE BUS LEAVES THE REC AT 10:15AM

& WILL RETURN AROUND 4PM.

PRE-REGISTRATION IS REQUIRED.

SPACE IS LIMITED TO THE FIRST 22 REGISTERED



OXFORD CASINO

Oxford Casino, located in the heart of southern Maine is your destination for wicked good fun. From table games to slot machines, their non-stop gaming action delivers a thrill a minute to fortune seekers.

\$10 per person

(Includes \$10 slot play)

Wednesday, October 28th

Bus leaves the Rec at 8am

& will return at 6pm.

PRE-REGISTRATION IS REQUIRED.

SPACE IS LIMITED TO THE FIRST 22 REGISTERED.



ADULT PAINTING CLASS

Explore your creativity at painting class, painting 8x10 canvas panels with seasonal themes.

TUESDAYS 1-2:30PM @ THE REC

OCTOBER 27TH & NOVEMBER 3RD

\$30 PER PERSON (Includes both classes)

PRE-REGISTRATION IS REQUIRED.


Instructor: Sandy Ouellette



CHAIR YOGA

Don't let the world of yoga intimidate you, come try Chair Yoga. Chair yoga is for everyone no matter what condition you are in.

You will learn breathing techniques for a healthy immune system. Yoga postures will be practiced seated on a chair and standing using the chair for support.

 **Tuesday's 8am-9am
& Thursday's 1:15-2:15PM
@ Union Resource Center
\$5 per Class**

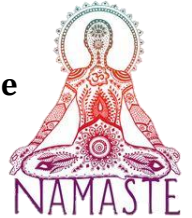


YOGA

Yoga classes enhance your posture, coordination and mental focus by improving your flexibility, strength and balance. Let the yoga poses and breath work help quiet the chatter of daily life and relieve stress. Leave feeling rejuvenated.

**Tuesdays 6pm-7pm@ the
Parks & Rec Building**

**\$10 per class or
\$50 for an 8 session punch card
Drop-in's welcome
Don't forget your yoga mats!**



HOW TO WATCH A GOOD PROGRAM DIE PLEASE REGISTER EARLY

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified if there is insufficient registration.

All programs require a high level of coordination, often including facility scheduling, staffing, volunteer recruitment, and purchasing of supplies. In order for us to host quality sports programs, special events, and classes **please keep an eye out for deadlines and cut off dates.** We request that you register for activities at least two weeks prior to the program start date, unless otherwise noted.

**Don't let a good program fail.
Please register early!**

POLICIES

The Rec Department reserves the right to cancel any program, event, or activity due to insufficient registration or for any other reason preventing a quality activity. No refunds, credits, or transfers will be issued after the first day of the class or program. Full refunds or credits may be granted prior to the start date of a class or program. * We request that you register for activities at least two weeks prior to the program start date, unless otherwise noted. WE ARE ALWAYS LOOKING FOR NEW IDEAS FOR TRIPS, EVENTS, AND ACTIVITIES. FEEL FREE TO SHARE YOURS WITH US!

BALLPARK CHANGES

Keep an eye out at the Ballpark complex this fall for some big changes. We are currently in the process of moving the skate park down to the ballfields. We will also be adding two basketball hoops and completing our Disc Golf Course. If anyone is interested in helping to complete these projects please contact us at the Rec Department. 522-9977

GET INVOLVED

Want to start volunteering, but don't know how? You are invited to become a part of the Department's Volunteer Program and make a difference in your community. Individuals, families, students, businesses and organizations have an opportunity to contribute time, talents and resources to our programs, teams, and parks. Volunteers can assist with park projects and recreation programs, including coaching. Through the efforts of both Town staff and volunteers, the Wakefield Parks and Recreation Department can continue to provide quality services to citizens of all ages.

NEW HAMPSHIRE RECREATION AND PARK ASSOCIATION MEMBER



www.wakefieldrec.com

FACILITIES



Rec Office

132 Meadow Street - Sanbornville



Lovell Lake Town Beach

Swimming, picnicking, playground, & bathhouse.

1 Cemetery Road Sanbornville

No lifeguard on duty at our beaches. *Swim at your own risk.*



John Garvin Municipal Playground

1 High Street - Sanbornville

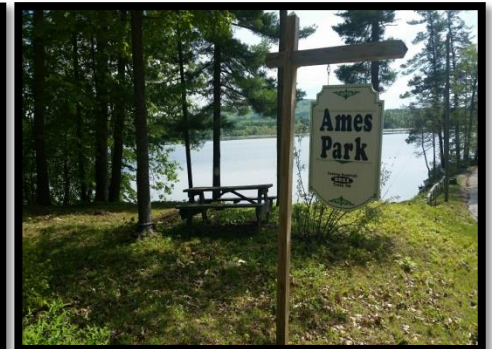


Ballpark Complex - Thompson, Siemon, Dee, & Bardsley fields, & playground. Disc Golf Course, Skate Park, & Bball court (*coming soon!*) – 1488 Wakefield Road - Sanbornville



Lake Ivanhoe Beachfront

14 Dearborn Road - E. Wakefield



Ames Park

204 Bonnyman Road – E. Wakefield



Turntable Park – Basketball court, cotton valley trail, & picnicking.
132 Meadow Street - Sanbornville



Weeks Beach & Park – Picnicking & swimming, launch your kayak or canoe onto Great East Lake. - 138 North shore Drive E. Wakefield



Lovell Lake Boat Launch

Witchtrot Road Sanbornville



Wakefield Parks & Recreation

MEDICAL/EMERGENCY INFORMATION

Circle One
Youth or Adult

Participant's Name: _____ Sex: M _____ F _____ Shirt Size: S M L XL

Birth date: ____/____/____ Age: _____ Grade: _____

Address: _____ City: _____ State: _____ Zip _____

Mailing Address (if different than above): _____

List Two Emergency Contact Phone Numbers:

(1) **Parent/Guardian**, First and Last Name: _____ Home # _____

_____ Cell/Work _____

(2) Second Person, First and Last Names: _____ Home# _____

_____ Cell/Work# _____

State relationship to athlete: _____
(i.e. grandparent, neighbor, etc.)

Allergies (i.e. bee stings): yes ___ no ___ To What? _____

Allergies to medications: yes ___ no ___ To What? _____

List Medical Conditions (i.e., wears contact lenses, glasses, braces, etc.)

I understand that there are risks of physical injury inherent in participating in sports and recreation activities I understand that the town of Wakefield does not carry health or accident insurance for participants of its programs and strongly advise participants to carry adequate coverage for themselves and their family. I am aware of and have considered the risks of this program before registering my child or children. I hereby release the Town of Wakefield, its employees, volunteers and agents from any liability of personal injury, loss or damage to personal property, which my child or myself may experience in connection with activities sponsored by the Wakefield Parks and Recreation Department. Hereby consent to any medical procedures, including transportation to a medical facility, for my child in case I cannot be reached and my child has sustained an injury. I also consent to the use of my Childs photo, video, etc. by the department for flyers, presentations, etc.

I understand this informed consent from and agree to its conditions on behalf of my child/self:

Parent/Guardian/Self Signature

Date

E-Mail Address _____