

# Wakefield Parks & Recreation

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CHECK US OUT

ON THE WEB

wakefieldrec.com



## 10TH ANNUAL GOLF TOURNAMENT

SEPTEMBER 27<sup>TH</sup> @ INDIAN MOUND GOLF COURSE  
8AM REGISTRATION STARTS  
9AM SHOTGUN START

Tournament includes golf, cart, lunch, & raffle tickets. Registration forms are available on our website and at the Rec office. If you are interested in sponsoring a hole or donating to the raffle please contact us. Silent auction items, great raffle prizes, & fun!!

## KINDERGARTEN BASKETBALL

A 5 week beginner basketball program for Kindergarteners that want to learn basic shooting, dribbling, & passing skills.

**PRACTICES WILL BE HELD ONCE A WEEK IN  
OCTOBER/NOVEMBER  
3:15-4:15PM @ THE PAUL SCHOOL  
DATES TBD  
\$15 PER PLAYER  
SPACE IS LIMITED TO THE FIRST 20  
REGISTERED PARTICIPANTS**

## AFTER SCHOOL PROGRAM

We will again be offering after school care from 3-5:30pm, Monday- Friday during the school year. The program will start on the first day of school and run until the last day.

**SPACE IS LIMITED TO THE FIRST 25  
REGISTERED WAKEFIELD STUDENTS  
IN GRADES K-6TH**

Transportation will be provided from Paul School daily. More information is available on our website or at the Rec Office.

## BASKETBALL REGISTRATIONS

Basketball sign-ups will be held October 1<sup>st</sup>-19<sup>th</sup> at the Parks & Rec Office.

**Early Bird Special:**  
(Register before October 12th)  
Discounted rate of \$35 per child  
**(After October 12th)**  
\$45 per child

**NO SIGN-UPS WILL BE ACCEPTED  
AFTER OCTOBER 19TH!  
1ST - 8TH GRADERS**

## SKI & SNOWBOARD PROGRAM

Join us this winter for a six week ski & snowboard program. We welcome all Wakefield residents in grades 5<sup>th</sup> - 8<sup>th</sup>. This program is a learn to ski package. Every week participants will be given a lesson by an experienced ski instructor. The remaining time will be allotted for free skiing.

**SIGN-UPS WILL BE HELD FROM  
NOVEMBER 5<sup>TH</sup> - 30<sup>TH</sup>**

*Registration is not available until November 5<sup>th</sup>*

**SPACE IS LIMITED TO THE FIRST 50  
REGISTERED & PAID PARTICIPANTS**

## PICK-UP PICKLE BALL

This is a low-impact doubles racket sport that blends tennis, badminton and ping pong. Pick-up play for all levels and ability. Equipment provided

**TUESDAYS & THURSDAYS  
9AM-10:30AM  
@ THE BALLPARK**

**PICKLEBALL IS FUN FOR ALL AGES.  
DROP IN'S WELCOME. COME OUT & GIVE  
IT A TRY!**





## KARATE

Karate, self-defense, Asian Martial Arts Terminology & History, & noncompetitive study of Martial Arts.

**THURSDAYS @ THE REC**

**\$35 PER PERSON FOR 8 WEEKS**

**CLASS IS ONGOING THROUGHOUT THE YEAR**

*Start anytime – Instructor will pro-rate*

**Session 1: 6pm-7pm  
Kindergarten – 12yr olds**

**Session 2: 7pm-8pm Family Class:  
Adults, Teenagers, & Families**

**FIRST CLASS IS A FREE TRIAL FOR ALL NEW STUDENTS**



## WAKEFIELD

Trick or Treat

**WEDNESDAY,  
OCTOBER 31ST**



## BREAKFAST WITH SANTA

*Save the date!*

**SATURDAY, DECEMBER 1<sup>ST</sup>  
9AM-1PM @ THE PAUL SCHOOL**

Amazing raffle items, free pancake breakfast, pictures with Santa, local crafters & vendors.

Interested in hosting a craft table, donating to the raffle, or volunteering?  
Contact Parks & Rec.

## HOLIDAY SHOPPING

We invite you out to a day of Christmas Shopping. We start the day with a visit to Cabela's and then to continue on to the Christmas Tree Shop in Portland Maine. After a morning of shopping we will journey on to the Hometown Buffet Restaurant before finishing up with a visit to the Maine Mall. Participants get to enjoy the pre-holiday sales along with all the beautiful holiday decorations. Participants will be responsible for the cost of their lunch and their shopping expenses.

**\$5 PER PERSON**

**MONDAY, NOVEMBER 26<sup>TH</sup>**

**THE BUS WILL LEAVE THE REC @ 8AM.**

**SPACE IS LIMITED.**

**PRE-REGISTRATION REQUIRED.**



***SAVE THE DATE!***

**CHRISTMAS TREE  
LIGHTING &  
FLASHLIGHT CANDY  
CANE HUNT  
FRIDAY, NOVEMBER  
30TH**



## SENIOR DAY @ FRYEBURG FAIR

You are invited to a day at the fair on Tuesday, October 2<sup>nd</sup>. Tuesday is "Seniors Day" at the fair. Patrons 65 & older are not charged a gate fee. Anyone is welcome to attend the trip but if you have not reached the age of 65 you will need to pay the fee at the gate.

**TUESDAY, OCTOBER 2<sup>ND</sup>**

**\$10 PER PERSON**

**BUS LEAVES FROM THE REC @ 7AM**

**& WILL RETURN @ 4PM.**

**SPACE LIMITED-PRE-REGISTRATION REQUIRED**

## BINGO @ FUNSPOT

FUNSPOT offers a state of the art BINGO hall with seating for up to 400 players. Come early and purchase some Pull-Tab Ticket Games and have the chance at winning cash prizes worth thousands of dollars!

**\$5 PER PERSON**

**BINGO FEES ON YOUR OWN**

**TUESDAY, OCTOBER 23<sup>RD</sup>**

**BUS LEAVES THE REC @ 5:15PM**

**SPACE IS LIMITED**

**PRE-REGISTRATION IS REQUIRED**

## OXFORD CASINO

Oxford Casino, located in the heart of southern Maine is your destination for wicked good fun. From table games to slot machines, their non-stop gaming action delivers a thrill a minute to fortune seekers.

**\$10 per person**

*(Includes \$10 slot play)*

**Tuesday, November 6<sup>th</sup>**

**Bus leaves the Rec at 8am**

**& will return at 4pm.**

**SPACE IS LIMITED**

**PRE-REGISTRATION IS REQUIRED.**

## GREATER WAKEFIELD RESOURCE CENTER

Open Monday through Friday from 9 AM to 1 PM, located at 254 Main Street in Union  
The Greater Wakefield Resource Center is pleased to present a beautiful welcoming center. Everyone is cordially invited to stop by to say hello and take a tour of the facility. The center's Administrator is available during the hours of 9 - 1 pm Monday through Friday.

**LUNCH & BINGO EVERY  
MONDAY - WEDNESDAY - THURSDAY  
BINGO @ 10AM ~ LUNCH @ 12 NOON  
\$3 DONATION REQUESTED**

*EVERYONE is welcome for the meal, for those who have not yet reached 60 the suggested donation is \$5.00.*

Monthly menus are posted on [www.greaterwakefieldresourcecenter.webs.com](http://www.greaterwakefieldresourcecenter.webs.com)

### Now hosting

Community Eyeglass Day on the third Thursdays of each month.  
Services are provided by E-Z Optical and will be at noon or right after lunch.  
Consultations, adjustments, repairs, 150 frames to try, order new glasses!



For more information contact Martha @ [gwrc@roadrunner.com](mailto:gwrc@roadrunner.com) (603) 473-8324

## POLICIES

The Rec Department reserves the right to cancel any program, event, or activity due to insufficient registration or for any other reason preventing a quality activity. No refunds, credits, or transfers will be issued after the first day of the class or program. Full refunds or credits may be granted prior to the start date of a class or program.

## YOGA

Yoga classes enhance your posture, coordination and mental focus by improving your flexibility, strength and balance. Let the yoga poses and breath work help quiet the chatter of daily life and relieve stress. Leave feeling rejuvenated.

**TUESDAY'S 6 - 7PM**

**@ PARKS & REC**

**\$10 PER CLASS OR**

**\$60 FOR AN 8 SESSION PUNCH CARD**

**DON'T FORGET YOUR YOGA MATS!**

Instructor: Susan Chadbourne



## CHAIR YOGA

Don't let the world of yoga intimidate you, come try Chair Yoga. Chair yoga is for everyone no matter what condition you are in.

You will learn breathing techniques for a healthy immune system. Yoga postures will be practiced seated on a chair and standing using the chair for support.

**MONDAYS 8AM-9AM**

**@ UNION RESOURCE CENTER**

**\$5 PER CLASS**

## CONWAY SCENIC RAILROAD

Railroad enthusiasts of all ages will enjoy the four-season scenery; powerful steam engines and clickety-clack of the steel wheels on the rails and the sound of the mighty whistle blowing.

**THURSDAY OCTOBER 11TH**

**BUS LEAVES THE REC @ 9AM**

**\$64 PER PERSON**

**NOTCH TRAIN TO FABYANS STATION AND BACK**

Pack a lunch or purchase food on the train.  
Space limited Pre-registration required

REGISTER  
NOW!

**HALLOWEEN**  
[www.wakefieldrec.com](http://www.wakefieldrec.com)

**KEEP AN EYE OUT THIS FALL FOR OUR HAUNTED HOUSE  
@ NORTH STAR FARM! MORE DETAILS COMING SOON**

# Parks, Playgrounds, & Green Spaces



**Rec Office**  
132 Meadow Street



**Lovell Lake Town Beach**  
2017 Wakefield Road Sanbornville



**John Garvin Municipal Playground**  
1 High Street



**Ballpark Complex - 1488 Wakefield Road**  
Disc Golf, Skate Park, Basketball Court, Pickleball Courts, & more!



**Lake Ivanhoe Boat Launch**  
14 Dearborn Road



**Ames Park**  
204 Bonnyman Road



**Turntable Park & Cotton Valley Trail**  
132 Meadow Street



**Weeks Beach & Park**  
138 North Shore Drive



**Union Meadows Wildlife Conservation Area**  
Marsh Road



**Lovell Lake Boat Launch**  
Witchtrot Road Sanbornville

